# SUPERVISION & MENTORING

Clinical supervision with your supportive senior at the beginning, middle and end of each rotation

Regular feedback and practical sessions tailored to your learning

Monthly supervision programme with a level 1 / 2 physiotherapist to discuss non clinical issues.

District wide Allied Health graduate programme



# PROFESSIONAL DEVELOPMENT

Weekly In-Services during each rotation

Fortnightly Continuing Education sessions with multidisciplinary lectures

Opportunities to participate in quality improvement (QI) projects and committee

Weekly clinical reasoning programme

# SOCIAL & TEAM BUILDING

Team dinners/social activities with our friendly PT department (e.g. Friday drinks, run and swim club)

Market day with a variety of cuisines to choose from

Birthday celebrations for each staff- lots of cake!

Regular lunch parties/celebrations



CONCORD HOSPITAL first year graduate program

# OUR PROGRAMME

10 week rotations Weekends + On Call exposure No night rotation or Secondment

#### **Musculoskeletal Outpatients**

- Manage a broad range of MSK conditions including internal and GP referrals
- Weekly one-on-one practical training and discussion of MSK condition management
- Develop in-depth assessment and treatment techniques
- Provide exercises in one-on-one and group settings

### Acute Care + ICU

- ICU Experience and independently managing a fast-paced Gastro Surgical ward
- Management of complex patients
- Continue care of patients following stepdown from ICU
- Develop competence in manual therapeutic techniques and mechanical apparatus





## Rehabilitation

- Management of a variety of patients e.g. strokes, amputees, ortho
- Intensive twice daily rehabilitation with patients
- Expand on a wide range of exercise progressions and discharge planning
- Develop multidisciplinary skills with weekly case conferences
- New purpose built rehab gym

# **Orthopaedics**

- Management of post-operative and traumatic conditions e.g. hip and knee surgery, post-NOF#
- Day Surgery Experience: e.g. ACL, arthroscopies
- Fracture Clinic: develop casting techniques
- X-Ray Meetings with Surgeons: develop in- depth knowledge

### Geriatrics

- Exposure to treating acute and subacute geriatric populations
- Develop communication skills and different treatments e.g. dementia patients
- Work closely with the MDT to facilitate discharge planning of complex patients
- Attend MDT case conferences
- Work closely with AHA

